

The

EAST MIDLANDS

at the HEART  of it all!

East Midlands Regional Conference 2011 Catering Booking Form

Name:.....

U3A:.....

Please print clearly

Please indicate your choice below, and send it with your cheque for the appropriate sum made payable to **The Association of East Midlands U3As** to reach the Secretary at the address below no later than 1st July 2011. Please indicate if you have any special dietary requirements (i.e. Gluten or dairy free) and contact the Secretary by telephone.

Lunch – two courses plus tea/coffee

Main Course (choose 1) All served with vegetables

COST £5

- Beef and Vegetable Casserole with herb Dumplings
- Chicken, Mushroom and Pepper Pie
- Roasted Vegetable Cous Cous (Vegetarian Option)
- Pasta Bake (made with Gluten Free Pasta)

Desert (choose 1)

- Selection of Gateaux and Cakes
- Fresh Fruit Salad

Lunchtime Tea/Coffee for those NOT requiring lunch

COST £1

- Tea/Coffee at Lunchtime (if NOT booking a meal)

I enclose a cheque for £ : made payable to **The Association of East Midlands U3As**

Please return this from with your cheque to the Secretary:

**Mrs M A Potter
34 Featherby Drive
Glen Parva
Leicester LE2 NY**

If you need to discuss dietary needs please contact me at:

Email: aemu3as.rrc@ntlworld.com Tel: 0116 2911814