

Keyworth & District U3A FreeWheelers Cycling Programme 2022

Updated 20.03.2022

(K = Keyworth start, 10.00 am KVH unless stated)

Date	Route	Leader /Distance
Fri 7 Jan	K - Hickling circular	John W ?
Tue 18 Jan	Halam, Edingley, Farnsfield, Hexgreave Park, Bilsthorpe, Eakring, Wellow, Kneesall, Norwell Woodhouse, Norwell, Caunton, Knapthorpe, Hockerton, Southwell start from Southwell Leisure Centre car park	Roy c28
Fri 4 Feb	K - K – Widmerpool, Willoughby, Old Dalby, Saxelbye, Asfordby, Hobby, Ragdale, Six Hills, Walton otw, Burton otw, Wymeswold, Wysall	Tony 33
Tue 15 Feb	Ride cancelled due to inclement weather	
Fri 4 Mar	K – Widmerpool, A46 path, Cotgrave Country Park, Holme Pierrepont, Trent, Wilford, Ruddington	Val c30
Tue 15 Mar	Willoughby, Wymeswold, Burton, Barrow, Quorn, Mountsorrel, Loughborough, Shepshed, Loughborough, Stanford, East Leake, Costock, Wysall, Widmerpool	Adriana 37
Fri 1 April	Water Rail Way – start from Washingborough	Mike 34
Tue 19 April	K – Wymondham Windmill via Kinoulton, Hickling, Long Clawson, Scalford, Wycomb, Waltham, Garthorpe, and return	Tony 42
Fri 6 May	Abbeys and Priors – start from Worthington	Adriana 32
Tue 17 May	K - Cotgrave, Gunthorpe, Lowdham, Stoke Bardolph etc	Terry c33?
Wed 8 Jun	Monsall Trail and Millersdale – start from Bakewell	Roy c32
Tue 21 Jun	K – circular Mountsorrel, Swithland etc	John O 35
Fri 1 July	K - tba	David
Sun 10 July	Great Notts Bike Ride	

Tue 19 July	Measham / Tamworth circular – start from Measham	Tony 34
Fri 5 Aug	Shiple Park, Nutbrook trail etc – start Queen's Drive park and ride	Val c32
Tue 16 Aug	K – East Leake, Gotham, Kingston, Sawley, Trent Lock etc	John O 30
Fri 2 Sep	K – tba	?????
Tue/Wed 6/7 Sept	Lincoln RAID – start from Keyworth 09.30 with overnight stop	John W 48 x 2
Sat 10 Sep	Historic Churches Ride	
Tue 20 Sep	K - tba	David
Fri 7 Oct	Bingham, Newark (Velo Verde) Hawton, Thorpe, East Stoke etc – start in Bingham	Mike W 34
Tue 18 Oct	Tba	?????
Fri 4 Nov	K – tba	Roy
Tue 15 Nov	K - Nottingham Urban	Ian 28
Fri 2 Dec	K - Winter amble	John W
Fri 16 Dec	K - Velo Verde for Christmas party	All