

Keyworth & District U3A Cycling Programme 2026

K=Keyworth start 10am at Keyworth Village Hall (KVH) unless otherwise stated

Jan 14	K – Widmerpool, Willoughby, Lakeside Café Wymeswold (coffee), Willoughby, Wysall, Keyworth (lunch Tavern pub)	David 17.5 miles
Jan 28	K – Kinoulton, Hickling, Long Clawson (coffee), Ab Kettleby, Saxelbye, Grimston (lunch Black Horse), Willoughby, Widmerpool – KVH	Tony About 29miles
Feb 11	K – Widmerpool, Willoughby, Lakeside Wymeswold (coffee), Grimston, Asfordby, Hoby, Thrussington (lunch Star Inn), Radcliffe on the Wreake, Sileby, Barrow on Soar, Burton on the Wolds, Wymeswold, Wysall	Roy Approx. 32 miles
Feb 25	K – Tollerton, Bassingfield, Holme Pierrepont, Radcliffe on Trent (coffee), Cropwell Butler, Cropwell Bishop, towards Langar, Colston Bassett, towards Owthorpe, Kinoulton (lunch Neville Arms), Widmerpool, Keyworth.	Simon 26.5 miles
Mar 11	K- Wysall, Thorpe in the Glebe, Wymeswold, Hoton, Prestwold, Walton on the Wolds, Barrow upon Soar (coffee Millie's café), Quorn, Loughborough, Stanford on Soar, Normanton on the Wolds, Sutton Bonington, West Leake (lunch The Star) East Leake, Costock, Wysall, Widmerpool, Keyworth.	Adriana 35 miles
Mar 25	Kegworth to Melbourne Hall (coffee), via Staunton Harold Reservoir to Ticknall (Lunch Staff of Life), Ticknall Tramway, Calke Abbey, Breedon, Cloud Trail to Wilson, Castle Donington back to Kegworth.	Fred 32.5miles
Apr 8	K - Widmerpool, Willoughby; Upper Broughton, Nether Broughton; Long Clawson (coffee Clawson Kitchen) Eastwell, Barkestone, Plungar, Harby (lunch Nags Head), Colston Bassett, Kinoulton and Thurlby Lane back to Keyworth.	Roger A About 37 miles
Apr 22	K – Wysall, Thorpe in the Glebe, Wymeswold, Six Hills (coffee Flying Goose Café), Old Dalby, Nether Broughton, Hickling, Kinoulton, Owthorpe, Cotgrave, Tollerton (lunch Air Hostess), Plumtree, Keyworth	Adriana About 30 miles
Apr 29	Eastwell (roadside parking) Branston, Eaton, Great Ponton, Gunby, North & South Witham, Wymondham(lunch), Garthorpe, Waltham, Eastwell	David About 38 miles

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May 13		
May 27		
Jun 10		
Jun 24		
July 08		
July 22		
Aug 12		
Aug 26		
Sept 9		
Sept 23		
Oct 14		
Oct 28		
Nov 11		
Nov 25		
Dec 9		
Dec 23		