

- **Science, Technology And Research Group
(STAR) 2026**

- **Monday 4th May (bank Holiday) 2026**
- **Ian Macdonald Nottingham University**
- **Physical Activity and Nutrition**
- Ian (an emeritus professor of Metabolic Physiology from Nottingham University), will aim to explain the nutritional requirements and need for physical activity for older people.
- **Monday 1st June 2026**
- **Newmedica (Nottingham)**
- **Advanced Eye diagnostics and surgery**

Details to be announced

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