

BOOK ONLINE

u3a-conference.eventbrite.co.uk

We've tried to simplify things this year. Registering for Conference will take place on Eventbrite. First, you choose whether you wish to attend the full conference (including Tuesday afternoon), or just the AGM day, and later in the process you will be invited to select residential options.

You will also be able to book for two delegates at once (this is recommended if booking a double occupancy room).

The costs are as follows, and if you wish to attend on a residential basis, please remember that you pay your conference fee **plus** your accommodation:

Conference with lunches and dinners	£130
Conference with lunches only (no dinners)	£100
AGM day only with lunch	£20
AGM day only	£nil
Add 2 nights B&B in Student Halls (single rooms only)	£70pp
Add 2 nights B&B in the Orchard Hotel (single occupancy)	£140pp
Add 2 nights B&B in the Orchard Hotel (double occupancy)	£95pp

Voting

You will be given the option to specify whether or not you are expecting to vote on behalf of your U3A during the booking process.

All secretaries will be sent a form in the coming days to officially register their voting delegates, or to indicate that the U3A will be applying for a proxy vote.

More information

Please, if possible, supply us with an email address when you book. We will use this to keep you updated with further information regarding the Conference and AGM.

If you have any queries or require assistance with booking, contact the National Office:

www.u3a.org.uk | conference@u3a.org.uk | 020 8466 6139

THE THIRD AGE TRUST



THE UNIVERSITY OF THE THIRD AGE

CONFERENCE 2016

EAST MIDLANDS CONFERENCE CENTRE
23 – 25 AUGUST



CONFERENCE 2016

Programme

TUESDAY

- 15.00 Registration opens
- 17.00 "Where Now?"
- 19.00 Dinner
- 20.30 Entertainment

WEDNESDAY

- 07.30 Breakfast
- 08.30 Registration opens
- 09.15 Chairman's welcome
- 09.30 Presentation 1
- 11.00 Coffee
- 11.30 Nick Hawes
- 12.45 Lunch
- 14.15 Presentation 2
- 15.45 Tea
- 16.15 Drop-in sessions
- 19.15 Drinks reception
- 20.00 Conference dinner

THURSDAY

- 07.30 Breakfast
- 08.30 Registration opens
- 09.15 Dr Victoria Williamson
- 10.30 Coffee
- 11.00 Presentation of candidates (if necessary)
- 11.15 AGM
- 13.00 Lunch
- 14.15 AGM continues
- 15.15 "The Future"
- 16.15 Conference closes

Presentations

Managing Your U3A – trusteeship, effective committees, constitutions.

Getting Your Message Across – communications within your U3A.

Managing Growth – primarily focusing on U3As experiencing rapid growth.

Maintaining A Vibrant U3A – encouraging new members, volunteers, interest groups.

How To Make The Best Use Of Open Online Courses (MOOCs) – for U3A interest groups.

Getting involved In U3A Research – some ideas to get you going.

Telling Your Life Stories – writing and recording your memories and making memory boxes.

Self-Publishing – for U3As, U3A writing groups and members.

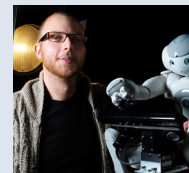
Give And Take A Hand - U3A+ – supporting members facing age-related issues.

Drop-in sessions

An opportunity to say hello, put faces to names and ask that all-important question to:

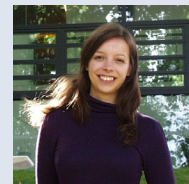
Officers, Sub-committee Chairmen, Regional Trustees, National Office Staff, Third Age Matters Editor, Sources Editor.

Speakers



NICK HAWES – "I FOR ONE WELCOME OUR NEW ROBOT OVERLORDS"

Nick Hawes is a Reader in Autonomous Intelligent Robotics in the School of Computer Science at the University of Birmingham. His research is in the application of Artificial Intelligence (AI) techniques to create intelligent, autonomous robots that can work with or for humans. He is a passionate believer in public engagement with AI and robotics and was selected to give the Lord Kelvin Award Lecture at the 2013 British Science Festival.



DR VICTORIA WILLIAMSON – "MORE THAN A FEELING? MUSIC FOR EXTRAORDINARY WELLBEING CHALLENGES"

Dr Victoria Williamson is an authority on the psychology of music; how music is processed by the brain and the ways in which music impacts on our minds and behaviours. She is a Vice Chancellor's Fellow researcher and lecturer in Music at the University of Sheffield (UK) and author of 'You Are The Music' (Icon Books).